



AFRICA FOOD, WELLNESS & LIFESTYLE TRADE SUMMIT 2026

FRIDAY 18 SEPTEMBER

TIME	TOPIC	SPEAKER / ORGANISATION
11:00 AM – 11:20 AM	Unlocking Gauteng's green economy	Executive Representative (Gauteng Growth and Development Agency - GGDA)
11:40 AM – 12:00 PM	Building resilient African food systems	Dr Dalene Louw (CEO, AgriCulture Gauteng)
12:20 PM – 12:40 PM	Growing the organic sector & agroecology in SA	Bakhusele Mathupha (Chairperson, South African Organic Sector Organisation - SAOSO)
1:00 PM – 1:20 PM	Driving local growth & institutional access	Proudly South African. Jeannine van Straaten. Executive: Strategy, Stakeholder Relations and Legal
1:40 PM – 2:00 PM	Scaling retail and brands in complex emerging markets	Panelists: Claudia Castellanos (CEO, Black Mamba Foods), Vikash Kumar Singhal (International Hosted Buyer, Sunbeam Mercantile Ventures Pvt. Ltd, India) & Abu Amir (International Hosted Buyer, Missan Group, UAE)
2:20 PM – 2:40 PM	Unlocking the US market: A practical roadmap for African exporters	Frances Fraser (Director- Continental Services, U.S.-Africa Trade Desk)
3:00 PM – 3:20 PM	Accessing institutional funding	Sinaye Mgidi, (Acting CEO FoodBev SETA)

SATURDAY 19 SEPTEMBER

TIME	TOPIC	SPEAKER / ORGANISATION
11:00 AM – 11:20 AM	The science behind the shelf: What retailers look for	Product Developers & Nutritionists (Woolworths)
11:40 AM – 12:00 PM	Flavour without compromise: Simple, affordable home cooking	Siyanda Mputa (Meals by Siya)
12:20 PM – 12:40 PM	Creating memorable brand activations on a budget	Shabnam Khan (Creative Director, BSPOKEVENTZ)
1:00 PM – 1:20 PM	From great idea to fundable business: What lenders look for	Samki Koti (CEO, Dante Capital)
1:40 PM – 2:00 PM	The PR visibility masterclass: Getting your SME noticed	Loraine Sibanda (Founder, MICHiko PR)
2:20 PM – 2:40 PM	Climate-smart farming in action: Growing More with Less	Dr. Phindile Msomi (Group CEO, Hazile Group)

SUNDAY 20 SEPTEMBER

TIME	TOPIC	SPEAKER / ORGANISATION
11:00 AM – 11:20 AM	Healing your relationship with your body, food and self	Erin Katherine (Body Relationship Coach & Nutritionist)
11:30 AM – 12:30 PM	The value and cost of stress	Anette Kruger (CEO, Hoogland Health Hydro)
12:40 PM – 1:00 PM	Conscious & healthy living on a real-world budget	Nqobile Mtshali (Founder, Browngirlhealth)
1:10 PM – 1:30 PM	The geography of consuming differently	Savannalee Ahmed-Hodgkinson (University of Johannesburg)
1:40 PM – 2:00 PM	A Lifelong Journey of Food as Medicine	Ntimbwe M Mpamba (AIDS Consortium Goodwill Ambassador and Africa's longest-surviving individual born with HIV)
2:10 PM – 2:30 PM	Rethinking diabetes and food choice	Dr. Patrick Ngassa Piotie (Chairperson, Diabetes Alliance SA)
2:40 PM – 3:00 PM	The clean skin paradox: Rethinking skincare noise	Bevinn King (Director, Healthy Skin Solutions / Smittens)
3:10 PM – 3:30 PM	You can begin again at any stage	Ansulene Prinsloo (Founder, JUSTBLISS Naturals)